

HELP-LINE LINK

Home Violence, Bullying, Drug & Alcohol Dependency, Money - anything. We listen, and then link you with Professional Organisations that can help.

SNAP, a mature organisation of 20 years plus, has charity status and trustee accountability giving it the strategic flexibility to respond to its changing environment by continually refreshing its services. At the beginning there were no statutory organisations within our area offering a telephone help-line and this kind of provision.

Effective lobbying on a wider scale helped achieve SNAP's first milestone, a St Neots Women's Refuge.

SNAP grew and had more help-lines and linked with not only Women's Aid throughout the country but also had police services who used the group in the evenings and weekends when many of the agencies were not working.

For the last few years SNAP as well as operating telephone lines for women have also increased their knowledge and understanding of work with all members of the family i.e. men, grandparents and children who may be involved with domestic violence and the group have done specific pieces of work in each area. To date, SNAP are overwhelmed with calls from female, male and same sex victims some of which have been very complex indeed.

In conclusion, SNAP continues to campaign for the same services for every domestic violence/abuse victim. Otherwise, we are never going to 'break the cycle of abuse'. It is heartening to know that the truth is, at long last, coming out via the younger generation such as University students' dissertations and also society as a whole.

SNAP 01480 396500

Thanks to 'Voice Your Choice' for their support, without which many more domestic violence/abuse victims would be suffering.

Front cover designed by past Ernull Students

WE NEED AND APPRECIATE YOUR HELP!

- I can help
- I am sending my gift of £.....
- I can Volunteer
- I can donate
- I would like a speaker for my group

Name _____

Address _____

_____ Postcode _____

Telephone _____

Please return to:
SNAP
PO Box 57
St Neots
Cambridgeshire
PE19 1AA

www.snapdomesticviolence.org.uk

Registered Charity no 1082185

Patrons:
Pat Gregory - Ex-Mayor of St Neots,
David Harty - St Neots Town, District & County Councillor,
Lord Vincent Constantine B.KTO.



Any person involved in
domestic violence
never needs to suffer
in silence

: **SNAP** :

01480 396500

Domestic violence only happens in working class families.

Yes or No

It's just the odd domestic tiff... All couples have them.

Yes or No

Domestic violence happens to women and men.

Yes or No

Violence can occur in all types of relationships.

Yes or No

It can't be that bad or they would leave.

Yes or No

They must be asking for it.

Yes or No

Or deserve it.

Yes or No

Or provoke it.

Yes or No

If you answer Yes to any of the above, a telephone call to SNAP would improve or even save a life.

Please ring SNAP on 01480 396500

WHAT CAN I DO IF I AM IN A VIOLENT RELATIONSHIP?

Telephone SNAP and speak confidentially to one of our experienced and friendly helpline advisors.

Pass the brochure to a friend if you suspect they are being subjected to any form of Domestic Violence.

Ring SNAP
01480 396500

or email

anne@snapdomesticviolence.org.uk
rosemary@snapdomesticviolence.org.uk

WHAT SERVICE CAN SNAP OFFER?

- Someone to talk and confide with.
- Friendly and constructive advice.
- Complete confidentiality.
- Understanding Advisors.

What is domestic violence

Domestic violence is the physical, mental, sexual or financial abuse of one person on another, regardless of race, class or sexual orientation.

Physical abuse can include slapping, beating, kicking and physical injuries, scarring or even death.

Sexual abuse means being forced to have sex against your will, being forced to have sex with other people or in ways that hurt you.

But that is not all, constant criticism and being told that you are useless, ugly or worthless can be abuse too. So is threats to kill you (or harm you - or the children), bullying, being locked in, not being allowed to see your friends or family, and not letting you eat or sleep are all unacceptable.

What can you do?

No matter how trivial you think it might be there is help for people you suspect are being mentally or physically abused. SNAP has many years' experience of advising and assisting victims of domestic violence.

How can I refer somebody to SNAP?

Tel: 01480 396500

Fax: 01480 356342